



Senior Companion Program



A mutually-rewarding program for those who want to help as a friend and companion to older adults, and for those older, homebound Philadelphians who need assistance to live independently for as long as possible.

FOR MORE INFORMATION

For further details on PCA's Senior Companion Program contact Andrea DeLoatch at 215-765-9000, ext. 5121, or email Andrea.DeLoatch@pcacares.org

For more information on PCA's programs and services, contact:

PCA Helpline: 215-765-9040

Communications@pcaCares.org

www.facebook.com/PCACares.org

www.twitter.com/pcacares_org



PCA Helpline: 215-765-9040
[pcaCares.org](https://www.pcaCares.org)



[Facebook.com/PCACares.org](https://www.facebook.com/PCACares.org)
[Twitter.com/pcacares_org](https://www.twitter.com/pcacares_org)



PHILADELPHIA CORPORATION FOR AGING

Enriching lives, preserving dignity.™



MAKE A DIFFERENCE IN THE LIVES OF OLDER PHILADELPHIANS

PCA's Senior Companion program provides one-to-one interaction between income-eligible companions and older adults who may be home-bound. A companion meets regularly with an older person to make a difference by reducing that older adult's isolation and loneliness, helping them to remain socially engaged and provide needed support with minor daily living tasks, such as light meal preparation, shopping or going to medical appointments.

Through this program, PCA companions keep older Philadelphians independent longer and provide short breaks to their caregivers. Older adult companions are people 55+ who meet PCA's program income requirements and can devote an average of 20 hours per week to an individual.

The program is administered by PCA in collaboration with AmeriCorps Seniors.

BE A FRIEND, MAKE A FRIEND!

Older adult companions will build new relationships with those in need and their caregivers, and will make important contributions to the lives of others. Companions receive training, daily supervision, and their assignments from nonprofit organizations that serve as volunteer stations throughout Philadelphia. Duties of an older adult companion include conversation, reading, light meal preparation and errands.

Older adult companions receive:

- Tax-free cash stipends
- Travel and meal reimbursement
- Accident and liability insurance
- Paid holiday, sick and vacation time
- Pre-service and continuous training